

September 2019 Communal Dinner Menu

Tuesday	Wednesday	Thursday
3-Sep-2019	4-Sep-2019	5-Sep-2019
<p>西蘭花炒魚柳 Stir-fried Broccoli with Fish Fillet 柚子脆雞球 Crispy Chicken with Honey Pomelo 沙茶粉絲牛肉 Sa Cha Beef with Glass Vermicelli ✔ 支竹炆蘿蔔 ✔ Braised Turnip with Tofu Skin Stick 紅米飯 Red Grain Rice 清保涼煲雞湯 Ching Po Leung and Chicken Soup</p> <p>✔ 西芹馬蹄炒素雞配紅米飯 ✔ Vegetarian Chicken with Celery & Water chestnut served with Red Grain Rice</p>	<p>香脆魚柳 Deep-fried Crispy Fish Fillet 獵人燴雞 Hunter's Chicken Stew 法式燴牛肉 French Beef Stew ✔ 意式焗雜菜 ✔ Baked Italian Assorted Vegetable 蒜香意粉 / 白飯 Garlic Pasta/ Steamed Rice 朱古力班尼 Chocolate Brownie</p> <p>✔ 雜菌紅腰豆燴意大利飯 ✔ Assorted Mushroom & Red Bean Risotto</p>	<p>🌶️ 剁椒蒸魚柳 Steamed Fish Fillet with Minced Chili Pepper 脆皮燒腩仔 Crispy Roasted Pork Belly 西芹草菇炒雞柳 Stir-fried Chicken Fillet with Celery and Straw Mushroom ✔ 鮮腐竹浸勝瓜 ✔ Sautéed Angled Luffa with Tofu Skin Stick 紅米飯 Red Grain Rice ✔ 生果拼盤 Fresh Fruit Platter</p> <p>✔ 雜菌翠玉瓜炒素鴨配紅米飯 ✔ Fried Veggie Duck with Chinese Zucchini and Mushroom served with Red Grain Rice</p>
10-Sep-2019	11-Sep-2019	12-Sep-2019
<p>麵醬蘿蔔魚片 Sautéed Turnip with Chiu Chow Fried fish Slice 金沙雞翼 Salted Egg Chicken Wing 鮮茄滑蛋牛肉 Stir-fried Beef and Tomato with Scrambled Eggs ✔ 北菇扒小棠菜 ✔ Sautéed Green Brassica with Chinese Mushroom 紅米飯 Red Grain Rice 陳皮紅豆沙 Red Beans Sweet Soup</p> <p>✔ 蕃茄紅腰豆配紅米飯 ✔ Tomato and Red Kidney Bean Served Red Grain Rice</p>	<p>香茅豬扒 Lemon Grass Pork Chop 泰式烤雞 Thai Style Roasted Chicken 青咖喱魚柳 Green Curry Fish Fillet ✔ 泰式炒芥蘭 ✔ Thai Style Stir-fried Chinese Kale 珍珠米 Pearl Rice 椰汁雞湯 Coconut Milk and Chicken Soup</p> <p>✔ 照燒豆腐, 雜菜配珍珠飯 ✔ Teriyaki Tofu & Vegetable Served Pearl Rice</p>	<p>琵琶豆腐 Pipa Tofu 蜜汁叉燒 Honey Glazed BBQ Pork 冬菇雲耳蒸雞 Steamed Chicken with Chinese Mushroom and Black Fungus ✔ 蒜子上湯浸娃娃菜 ✔ Sautéed Baby Chinese Cabbage with Garlic and Broth Soup 紅米飯 Red Grain Rice 生果拼 Fruit Platter</p> <p>✔ 時菜粟米素魚柳紅米飯 ✔ Seasonal Vegetable Sweet Corn and Veggie Fish Fillet Served Red Grain Rice</p>

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<p>17-Sep-2019</p> <p>青瓜雲耳炒魚鬆 Sautéed Dace Fish Patty with Cucumber and Black Fungus 鎮江一字骨 Short Pork Ribs with Zhenjiang Vinegar 紫蘿牛肉 Sautéed Beef with Pickled Ginger and Pineapple ✓冬瓜炆豆卜 ✓Braised Tofu Puff with Winter Melon 紅米飯 Red Grain Rice 蛋花馬蹄露 Water Chestnuts and Egg Drop Sweet Soup</p> <p>✓羅漢上素配紅米飯 ✓'Lo Han' Assorted Veggie Served Red Grain Rice</p>	<p>18-Sep-2019</p> <p style="text-align: center;">Formal Hall Dinner</p>	<p>19-Sep-2019</p> <p>椰香芋頭炆鴨 Braised Duck with Taro in Coconut Milk 香煎蓮藕餅 Pan-fried Lotus Root Cake 梅菜蒸魚柳 Steamed Fish Fillet with Preserved Vegetable ✓蒜茸炒菜心 ✓Stir-fried Choy Sum with Garlic 紅米飯 Red Grain Rice 生果拼盤 Fruit Platter</p> <p>✓時菜素獅子頭配紅米飯 ✓Seasonal Vegetable, Veggie Meatballs with Brown Sauce Served Red Grain Rice</p>
<p>24-Sep-2019</p> <p>玫瑰豉油雞 Soy Sauce Chicken ✓香辣肉片茄子 Sautéed Chili Eggplant with Sliced Pork 蜜桃沙拉魚柳 Sautéed Fish Fillet with Peach in Salad Dressing ✓冬菇扒節瓜 ✓Sautéed Hairy Gourd with Chinese Mushroom 紅米飯 Red Grain Rice 朱古力泡芙 Chocolate Puff</p> <p>✓咖喱雜菜蘭度豆配紅米飯 ✓Curry Assorted Vegetable and Lens Culinaris Served Red Grain Rice</p>	<p>25-Sep-2019</p> <p>咖喱吉列海鮮 Curry Cutlet Seafood 日式照燒雞 Japanese Teriyaki Chicken 豚肉生姜燒 Pork Shogayaki ✓日式炒雜菜 ✓Japanese Stir-fried Assorted Vegetable 珍珠米 Pearl Rice 海帶豆腐味噌湯 Seaweed and Tofu Miso Soup</p> <p>✓照燒豆腐雜菜炒烏冬 ✓Teriyaki Tofu , Assorted Vegetable Fried Udon</p>	<p>26-Sep-2019</p> <p>薑蔥煎封魚柳 Pan-fried Fish Fillet with Ginger and Scallion 瑞士雞翼 Swiss Sauce Chicken Wings 豉汁蒸排骨 Steamed Spare Ribs with Black Soybean Sauce ✓欖菜四季豆 ✓Stir-fried String Bean with Preserved Olive Leaves 紅米飯 Red Grain 生果拼盤 Fruit Platter</p> <p>✓素三絲上海粗炒 ✓Assorted Veggie Fried Shanghai Noodles</p>

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